



HELP TRANSFORM LIVES THROUGH THE ARTS.

Did you know there is a program at Concordia University in the Faculty of Fine Arts that is transforming lives? The **Centre for the Arts in Human Development** has helped hundreds of people with special needs to surpass expectations for more than two decades. Through creative arts therapies, we instill confidence, social skills and independence.

To continue to provide a nurturing environment like no other, we need support. We ask you to consider a gift that transforms lives through the arts. Here is what your donation to the Centre for the Arts in Human Development provides to people with special needs and their families:

- **A clinical program that is unique in Montreal and beyond:** Your gift offers a transformative experience for 20 new participants every two years. With us, they gain access to art, drama, music and dance therapies that enhance their self-esteem and expression. Participants — many of whom begin our program shy and reserved — learn to make friends, work in groups, articulate their concerns and deal with emotions.
- **A lifeline at a major turning point:** Many of our applicants have recently left the high school system, which offered a sense of routine and security. Now, with waiting lists for community-based services, they and their families have few choices. You can provide a welcome, therapeutic opportunity that helps them build confidence and uncover their hidden strengths.

- **A new generation of highly skilled and compassionate professionals:** Each year, over a dozen interns are supervised onsite by experienced professional therapists. By providing interns with unparalleled training, you help shape their future careers. As the number of diagnoses of autism spectrum disorder increases, more and more families need qualified therapists.
- **Research that changes attitudes and spreads hope:** As a research centre within Canada's largest comprehensive arts school, we are leading the way in a highly promising field. Your donation helps advance studies that shatter misconceptions and demonstrate how creative arts therapies can better the lives of people with developmental disabilities.

All this is possible but only with your support.

More than 80 per cent of the funding for the Centre for the Arts in Human Development is thanks to individuals and private foundations.

Please do not wait. Make your gift now.

Demand for our services is growing. Your support ensures the Centre for the Arts in Human Development will be there for those who need it most. Make your tax deductible gift by mailing us the attachment below or online at: concordia.ca/cahd.

CENTRE FOR THE ARTS IN HUMAN DEVELOPMENT

Concordia University, 7079 Terrebonne Avenue, Montreal, Quebec H4B 1E1 • concordia.ca/cahd



I support the Centre for the Arts in Human Development.

Name _____
 Address _____

 City _____
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 Degree (if applicable) _____
 Email _____

Please accept my gift of \$ _____
 to the Centre for the Arts in Human Development

Enclosed is a cheque payable to **Concordia University – CAHD**
 or charge my: VISA mastercard AMEX

Phone (for credit card confirmation): (_____) _____

Exp. MM / YY

Signature _____

Please mail to:

Centre for the Arts in Human Development
 Concordia University
 7079 Terrebonne Avenue
 Montreal, Quebec H4B 1E1

FROM SHY AND QUIET TO CENTRE STAGE — PHILIP’S STORY

“Philip was born with Down syndrome. When he finished high school at age 21, we faced a daunting road ahead. We expected to enroll in an adult ed school for people with special needs. After visiting a few, though, it was clear Philip needed something different. The Centre for the Arts in Human Development’s clinical program was our life saver.

“Before he began the program, Philip was afraid to occupy space — physically and socially. At the dinner table with his three older siblings, he shied away from conversation. That would soon change.

“The art-therapists-in-training at the Centre for the Arts in Human Development empowered my son to find his voice and be heard. He discovered a passion for dance and theatre. They brought out his talent. His confidence increased by leaps and bounds. What a joy it was to hear him begin asserting his opinions!

“One of the hardest challenges for a parent of a child with special needs is watching them grow up without any friends. At the Centre for the Arts in Human Development, all of sudden, Philip had friends. Participants in the program learned to listen to each other and develop real bonds. Many lasted after the program ended.

“During the program, Philip began using public transport alone for the first time. Today, he prepares meals, does laundry, goes shopping and works one day a week. He continues to act and spends one hour a day reading and writing. These accomplishments are all possible because of the Centre for the Arts in Human Development. They gave Philip the encouragement to do anything he wants. It has changed my son’s life and I hope the Centre continues for the benefit of others.”

– Verna Peris, Philip’s mother



Philip, past participant of the Centre for the Arts in Human Development’s clinical program



“At the Centre for the Arts in Human Development, my son Philip discovered a passion for acting and dancing. He has since appeared in seven plays with various troupes. Here he is above in a production mounted by the Centre.”

- Concordia’s 9 Strategic Directions are bold, daring, innovative and transformative. Learn more at concordia.ca/directions.
- Learn how Concordia’s most ambitious campaign to date will empower tomorrow’s leaders: concordia.ca/campaign.
- Discover what Concordia achieved first in Montreal, Quebec, Canada and the world: concordia.ca/concordiafirsts.